## Colorado PEAK introduces food delivery service for families eligible for food assistance.

Families who use food stamps can now enjoy the convenience of having high-quality ingredients delivered right to their doorstep.

Colorado PEAK is releasing the PEAK Pack, the easiest way to make use of your food benefits. The PEAK Pack is a subscription service that allows families to have meal kits sent directly to their house. The meal kits include a wide variety of fresh, pre-proportioned ingredients that are sourced from local farms, limiting food waste and streamlining the cooking process. PEAK Pack also eliminates grocery shopping, allowing busy families to indulge in more quality time together. PEAK Pack has hundreds of recipes to serve all palettes and accommodate various lifestyles.

Families today are busier than ever. It can be difficult to find the time to grocery shop and prepare meals on hectic work schedules. Often, people are forced to resort to unhealthy fast food and quick snacks, leading to health problems. The PEAK Pack alleviates these issues by providing low-income families with an affordable alternative and taking care of all aspects of meal preparation. This allows families to make healthy, wholesome meals in a pinch. People no longer have to deal with the burden of seeking out recipes, finding the necessary ingredients, and portioning out the required measurements.

"This service will really aid families in need. As someone who grew up in a low-income family, I know how difficult it is to get the right nutrition on food assistance programs," said Rachel Dormido, director of the Department of Human Services, "PEAK Pack provides families with a simple way to eat fresh, healthy meals."

uPEAK Pack is easy to use! Eligible users can sign up for the subscription service on both the PEAK Pack website and mobile app using their benefits login. Once signed up, families can manage their PEAK Pack subscriptions through the website or mobile app, setting up how often they want deliveries, the number of people they're serving, and indicate dietary needs.

"My family has always struggled to maintain a healthy, efficient lifestyle. Getting PEAK Pack helped ease the burden of prepping meals and improved our quality of life tremendously," said Optimus Prime, a mother of three and longtime PEAK Pack user.

Food assistance eligible families can sign up for PEAK Pack on the website <a href="https://www.peakpack.gov">www.peakpack.gov</a>, or they can download the app from the app store.